


LETTER TO THE EDITOR

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Postoperative complications of ultrasound-guided inferior alveolar nerve and maxillary nerve blocks: a retrospective study

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To the Editor,

Recent studies have reported that ultrasound-guided trigeminal nerve blocks are effective as a postoperative analgesic method in maxillofacial surgery [1–4]. These mainly include ultrasound-guided inferior alveolar nerve blocks (IANBs), also called mandibular nerve blocks, and ultrasound-guided maxillary nerve blocks (MNBs) [5]. These nerve blocks are not widely used, and there are no reports on their associated complications. Statistical analyses of the complications are important for demonstrating the safety of a technique to facilitate a prompt response to common complications. It is also necessary to provide patients with a clear explanation regarding the risks associated with the procedure that they will undergo to obtain informed patient consent. In this study, we retrospectively investigated the rate of complications in patients who underwent ultrasound-guided IANBs and MNBs at multiple institutions.

This retrospective cohort study was conducted and reported according to the STROBE checklist. All

methods were performed according to the relevant guidelines and regulations. The study was conducted across three general hospitals in Japan. This study is registered in a publicly accessible database (UMIN Clinical Trials Registry ID: UMIN000045581). We collected the data of all patients who underwent ultrasound-guided IANBs and MNBs between April 1, 2018 and March 31, 2021. Eligible patients were identified from a database of clinical records (Fig. 1). Ultrasound-guided IANBs and MNBs were performed using the extraoral approach before surgery. The local anesthesia (LA) used in all cases was ropivacaine.

The following items were considered as possible complications: LA toxicity, allergies, neuropathy, movement disorders, pain in the punctured area, infection, sensory deficits, and blood vessel damage. During the study period, 217 patients underwent ultrasound-guided IANBs and MNBs (Fig. 1). The number of patients who underwent ultrasound-guided IANBs (IANB group) was 164, and the total number of procedures was 282. The number of patients who underwent ultrasound-guided MNBs (MNB group) was 103 patients, and the total

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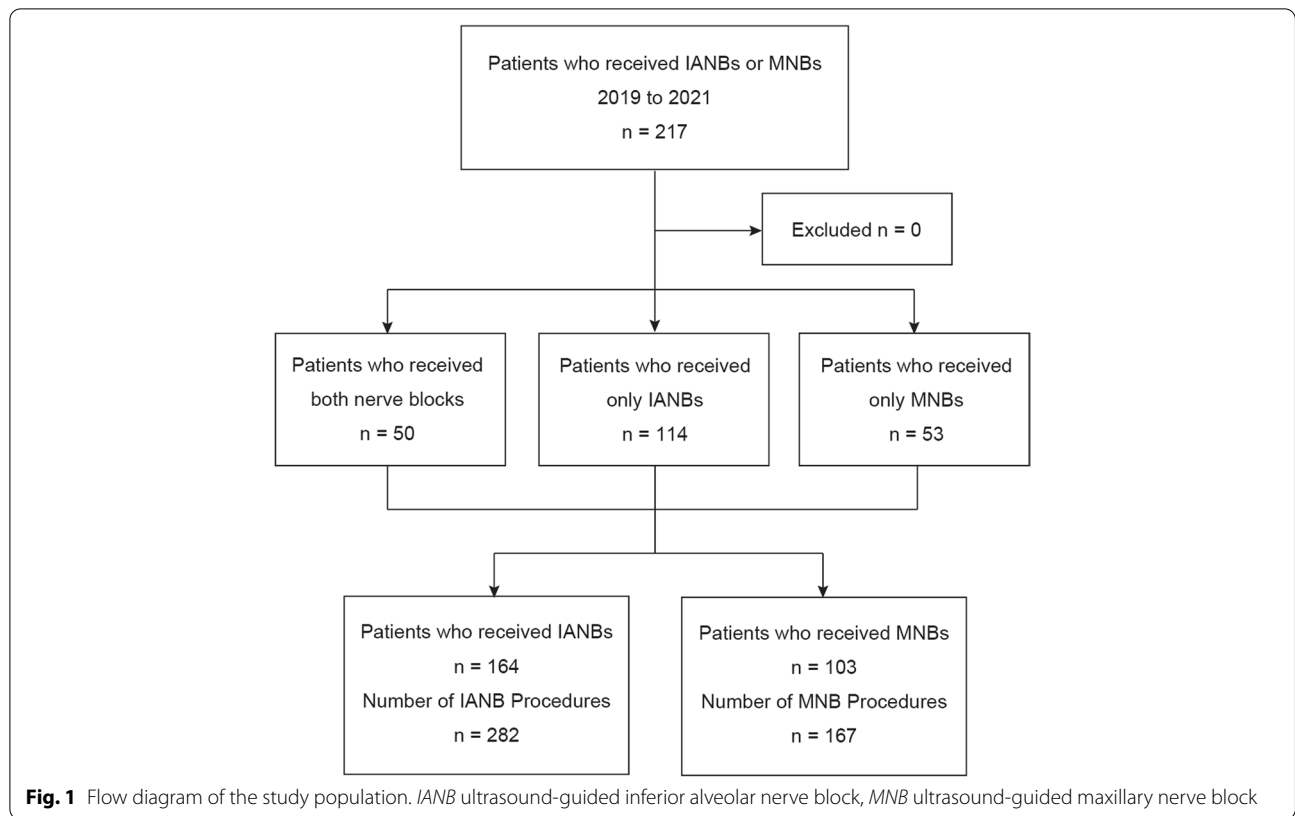


Table 1 Patient characteristics

Characteristics	IANB group	MNB group
Number of patients	164	103
Number of procedures	282	167
Demographics		
Age, mean (years)	47 ± 21	41 ± 24
Under 10 years old, n	1	5
Weight, mean (kg)	59 ± 12	56 ± 15
Height, mean (cm)	159 ± 9	157 ± 14
BMI, mean (kg/m ²)	23±4	22±4
Male, n (%)	67 (40)	43 (41)
ASA-PS		
I	62	50
II	86	47
III	16	6
Operation time, mean (min)	128 ± 125	136 ± 96
Anesthesia time, mean (min)	187 ± 137	209 ± 105
Inpatient, n	149	103
Outpatient, n	15	0

±SD

IANB inferior alveolar nerve block, MNB maxillary nerve block, BMI body mass index, ASA-PS American Society of Anesthesiologists' physical status, SD standard deviation

Table 2 Nerve block characteristics

Characteristics	IANB group	MNB group
Unilateral	46	39
Bilateral	118	64
Side		
Left	140	84
Right	142	83
LA volume		
5 mL	66	71
6 mL	68	75
10 mL	110	0
Other	38	21
LA concentration		
0.2%	13	10
0.375%	269	157

IANB inferior alveolar nerve block, MNB maxillary nerve block, LA local anesthesia

number of procedures was 167 (Tables 1 and 2). No complications were observed in both groups.

Since the ultrasound-guided approach can be performed while confirming the anatomical findings and checking the injection range, the occurrence of the aforementioned complications may be reduced. In addition, IANBs and MNBs are peripheral nerve blocks that are categorized as compartment nerve blocks. Therefore, we considered that they have a low risk of damage to the targeted nerves. To include rare complications, it is necessary to collect and analyze more data on IANBs and MNBs.

Abbreviations

LA: Local anesthetic; NSAIDs: Nonsteroidal anti-inflammatory drugs; IANB: Inferior alveolar nerve block; MNB: Maxillary nerve block.

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Authors' contributions

YK, TM, NO, MA, and JH designed this research. YK, TM, NO, and KA analyzed the results. YK, TM, NO, KA, MA, and JH discussed the results. All authors read and approved the final manuscript.

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Declarations

Ethics approval and consent to participate

The study was conducted at the Kagoshima University Hospital (approval number: 210003EKI), Asahi General Hospital (approval number: 2021072005), and Kagoshima City Hospital (approval number: 2021-08) in Japan. The Human Research and Ethics Committee of each hospital approved the study design. After receiving ethical approval at each hospital, the need for patient consent was waived due to the retrospective nature of the study (the Ethics Committee of Kagoshima University Hospital, the Ethics Committee of Asahi General Hospital, and the Ethics Committee of Kagoshima City Hospital).

Consent for publication

Not applicable.

Competing interests

The authors declare that they have no competing interests.

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